

Joan D.R. Rosenberg



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AUTHOR
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ABOUT ME

JOAN I. ROSENBERG, PHD, CREATOR OF EMOTIONAL MASTERY™ AND EMOTIONAL MASTERY TRAINING™, IS A HIGHLY REGARDED EXPERT PSYCHOLOGIST, MASTER CLINICIAN, TRAINER AND CONSULTANT.

ACCOMPLISHMENTS

- February 2019: 90 Seconds To A Life You Love
- Ease Your Anxiety
- Mean Girls, Meaner Women
- TEDx Presenter: Over 550k Views
- MindStream Podcast

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SERVICES

The Mastery Series™
Emotional Mastery™, Conversational Mastery™ and Relational Mastery™ are each distinct elements of The Mastery Series. They are all neuroscience-based emotional training approaches.

Corporate Wellness & Consulting

What if you had the ability to offer a true game changer to your employees and executives? Dr. Rosenberg offers customized solutions to the corporate world.

TRAINING

CONSULTING

EVENTS

KEYNOTE SPEAKER

